

April 21, 2019

To whom it may concern:

I am writing this letter of recommendation for Deb Jackson, muscular skeletal massage therapist, who I have seen for the past 7 years. She is by far, the best therapist I have ever had worldwide, and I have gone to many therapist over my 60 plus years.

Seven years ago, my body was riddled with arthritis and full of stagnation. I could barely walk and had to use a cane and often times needed assistance. I had been going to a chiropractor, which helped some, but I did not begin seeing lasting results until I started to have regular visits with Deb. She has an intuitiveness, an ability to read your body like a book, which enables her to get results that no other therapist has been able to achieve. I am able to bend, walk, and sit for long periods of time at work and to enjoy hours of artistic painting and in general having my life back, thanks to Deb's efforts.

Not only has she released muscle tension in my body, but she has educated me in regards to the use of essential oils to help the body, and she has shared her insight on supplements and herbs that she has seen help others. She is dedicated to sharing her knowledge and truly wants each client to achieve success in their journey for wellness.

If you want a massage oil spreader, Deb is not the therapist for you; however, if you want someone who will go deep to release the muscles and to help correct your posture and help your body function to full capacity, then Deb can help you. Be prepared she gives you homework to do. If you will be an active participant, then you can get better.

I do not have as many sessions as I used to need; however, I still go to see Deb for monthly visits... a tune-up to keep me running on all cylinders. I always come away walking taller and feeling younger. I cannot imagine what my life would look like today if I had not found Deb. She is a true blessing in my life.

Dorita Fransham